



## The Eagle Café February 2023 Student Menu



Reduced: \$0.30 Breakfast

\$0.40 Lunch

Paid: \$2.25 Breakfast

\$3.00 Lunch

ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday		
<b>1/30 Breakfast</b>			<b>1/31 Breakfast</b>			<b>2/1 Breakfast</b>			<b>2/2 Breakfast</b>			<b>2/3 Breakfast</b>		
K-12			K-12			K-12			K-12			K-12		
Assorted Cereal	8oz		Wheat Toast w/Jelly	2 slices		French Toast Sticks	3 sticks		English Muffin	1 muffin		Assorted Cereal	8oz	
Yogurt Cup	1ea		Fruit Salad	1ea		Syrup	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Assorted Juice	4oz		Hot Peaches	4oz		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Milk	8oz		Assorted Fruit	4oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz					Assorted Juice	8oz					Assorted Milk	8oz	
<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>		
K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12		
Turkey Meatball Sub	1 ea	1 ea	Entrée Garden Salad	1 ea	1 ea	Beef Stir-Fry	10oz	12oz	Italian Pasta Salad	1ea	1ea	Bean Burrito	1ea	1ea
French Fries	6oz	8oz	Turkey Strips	1 ea	1 ea	Over Noodles			W/Chicken	1ea	1ea	Tex-Mex Corn	6oz	8oz
Fresh Fruit	1ea	1ea	Ranch	1ea	1ea	Fresh Fruit	1ea	1ea	W S/T Roll	4oz	4oz	Fresh Fruit	1ea	1ea
Assorted Juice	4oz	4oz	Wheat S/T Roll	1ea	1ea	Assorted Juice	4oz	4oz	Fruit Salad	4oz	4oz	Assorted Juice	4oz	4oz
Assorted Milk	8oz	8oz	Butter Packet	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Juice	8oz	8oz	Assorted Milk	8oz	8oz
			Fresh Fruit	4oz	4oz				Assorted Milk					
<b>Monday</b>			<b>Tuesday</b>			<b>Wednesday</b>			<b>Thursday</b>			<b>Friday</b>		
<b>2/6 Breakfast</b>			<b>2/7 Breakfast</b>			<b>2/8 Breakfast</b>			<b>2/9 Breakfast</b>			<b>2/10 Breakfast</b>		
K-12			K-12			K-12			K-12			K-12		
Assorted Cereal	8oz		Wheat Toast w/Jelly	2 slices		Breakfast Pizza	2 slices		Egg/Cheese Muffin	1 sandwich		Assorted Cereal	8oz	
Yogurt Cup	1ea		Fruit Salad	1ea		Fresh Fruit	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Assorted Juice	4oz		Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz											Assorted Milk	8oz	
<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>		
K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12			K-8 9-12		
Fish Sticks	6 sticks	6 sticks	Chicken Salad on W. Roll	1 ea	1 ea	Grilled Chicken on W. Roll w/ L&T	1 ea	1 ea	Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Cheese Pita Pizza	1 ea	1 ea
Wheat Sun Chips	1ea	1ea	Three Bean Salad	6 oz	8oz	Steamed Carrots	6 oz	6 oz	Green Bean Salad	6 oz	8oz	Tater Tots	15tot	20tot
Baked Beans	6oz	8oz	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea
Fruit Salsa	2oz	2oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz
Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

Reimbursable Lunch: Must take 3 items, 1 item must be a fruit or vegetable

The following items are also available as ala-cart:

Breakfast: Assorted Whole Grain Cold Cereal

Lunch: Peanut Butter and Jelly Sandwich or Grilled Cheese

All Meals: Assorted Fat Free Milk and 100% Fruit Juices and Assorted Fresh Fruits

SES is an equal opportunity provider



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\$3.00 Lunch

ST. ELIZABETH SCHOOL

Monday			Tuesday			Wednesday			Thursday			Friday					
<b>2/13 Breakfast</b>			<b>2/14 Breakfast</b>			<b>2/15 Breakfast</b>			<b>2/16 Breakfast</b>			<b>2/17 Breakfast</b>					
K-12			K-12			K-12			K-12			K-12					
Assorted Cereal	8oz		Wheat Toast w/Jelly	2 slices		French Toast Sticks	3 sticks		Egg/Cheese Muffin	1 sandwich		Assorted Cereal	8oz				
Yogurt Cup	1ea		Fruit Salad	1ea		Syrup	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea				
Fresh Fruit	1ea		Assorted Juice	4oz		Hot Peaches	4oz		Assorted Juice	4oz		Fresh Fruit	1ea				
Assorted Juice	4oz		Assorted Milk	4oz		Assorted Fruit	4oz		Assorted Milk	4oz		Assorted Juice	4oz				
Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz				
<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>					
K-8		9-12	K-8		9-12	K-8		9-12	K-8		9-12	K-8		9-12			
Chicken Nuggets	6 ea	6 ea	Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Wheat Pancakes	2ea	3ea	Roast Beef/Cheese on W. Roll w/L&T	1 ea	1 ea	Spaghetti and Meatballs	10oz	12oz			
Ketchup	1pc	1pc	Cucumber Salad	6 oz	8oz	Syrup	1pc	1pc	Baked Beans	6oz	8oz	Broccoli	6oz	8oz			
What S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea	Scrambled Eggs	2oz	3oz	Fresh Fruit	1ea	1ea	Black Beans	6oz	8oz			
Steamed Carrots	6oz	6oz	Assorted Juice	4oz	4oz	Tater Tots	15 tot	20 tot	Assorted Juice	4oz	4oz	Wheat Roll	1ea	1ea			
Fresh Fruit	1oz	1oz	Assorted Milk	8oz	8oz	Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz	Fresh Fruit	4oz	4oz			
Assorted Milk	8oz	8oz				Assorted Juice	4oz	4oz									
Monday			Tuesday			Wednesday			Thursday			Friday					
<b>2/20</b>			<b>2/21 Breakfast</b>			<b>2/22 Breakfast</b>			<b>2/23 Breakfast</b>			<b>2/24 Breakfast</b>					
K-12			K-12			K-12			K-12			K-12					
No School			Wheat Toast w/Jelly	2 slices		French Toast Sticks	3 sticks		English Muffin	1 muffin		Assorted Cereal	8oz				
			Fruit Salad	1ea		Syrup	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea				
			Assorted Juice	4oz		Hot Peaches	4oz		Assorted Juice	4oz		Fresh Fruit	1ea				
			Assorted Milk	4oz		Assorted Fruit	4oz		Assorted Milk	8oz		Assorted Juice	4oz				
			Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz				
			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>			<b>Lunch</b>		
			K-8		9-12	K-8		9-12	K-8		9-12	K-8		9-12	K-8		9-12
			Entrée Garden Salad	1 ea	1 ea	Beef Stir-Fry	10oz	12oz	Italian Pasta Salad W/Chicken	1ea	1ea	Bean Burrito	1ea	1ea	Tex-Mex Corn	6oz	8oz
			Turkey Strips Ranch	1 ea	1 ea	Over Noodles	1ea	1ea	W S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea
			Wheat S/T Roll	1ea	1ea	Fresh Fruit	4oz	4oz	Fruit Salad	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz
Butter Packet	1ea	1ea	Assorted Juice	8oz	8oz	Assorted Juice	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz			
Fresh Fruit	4oz	4oz	Assorted Milk			Assorted Milk											

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

Reimbursable Lunch: Must take 3 items, 1 item must be a fruit or vegetable

The following items are also available as ala-cart:

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Monday		Tuesday			Wednesday			Thursday			Friday			
<b>2/27 Breakfast</b>	<b>K-12</b>		<b>2/28 Breakfast</b>	<b>K-12</b>		<b>3/1 Breakfast</b>	<b>K-12</b>		<b>3/2 Breakfast</b>	<b>K-12</b>		<b>3/3 Breakfast</b>	<b>K-12</b>	
Assorted Cereal	8oz		Wheat Toast w/Jelly	2 slices		Breakfast Pizza	2 slices		Egg/Cheese Muffin	1 sandwich		Assorted Cereal	8oz	
Yogurt Cup	1ea		Fruit Salad	1ea		Fresh Fruit	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Assorted Juice	4oz		Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz											Assorted Milk	8oz	
<b>Lunch</b>	<b>K-8</b>	<b>9-12</b>	<b>Lunch</b>	<b>K-8</b>	<b>9-12</b>	<b>Lunch</b>	<b>K-8</b>	<b>9-12</b>	<b>Lunch</b>	<b>K-8</b>	<b>9-12</b>	<b>Lunch</b>	<b>K-8</b>	<b>9-12</b>
Fish Sticks	6 sticks	6 sticks	Chicken Salad on W. Roll	1 ea	1 ea	Grilled Chicken on W. Roll w/ L&T	1 ea	1 ea	Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Cheese Pita Pizza	1 ea	1 ea
Wheat Sun Chips	1ea	1ea	Three Bean Salad	6 oz	8oz	Steamed Carrots	6 oz	6 oz	Green Bean Salad	6 oz	8oz	Tater Tots	15tot	20tot
Baked Beans	6oz	8oz	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea
Fruit Salsa	2oz	2oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz
Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz

**Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit**

**Reimburseable Lunch: Must take 3 items, 1 item must be a fruit or vegetable**

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