



The Eagle Café April 2024 Student Menu



ST. ELIZABETH SCHOOL

Reduced: \$0.30 Breakfast

\$0.40 Lunch

Paid: \$2.25 Breakfast

\$3.00 Lunch

Monday		Tuesday			Wednesday			Thursday			Friday				
4/1		4/2 Breakfast			4/3 Breakfast			4/4 Breakfast			4/5 Breakfast				
No School		Wheat Toast w/Jelly	2 slices		French Toast Sticks	3 sticks		Egg/Cheese Muffin	1 sandwich		Assorted Cereal	8oz			
		Fruit Salad	1ea		Syrup	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea			
		Assorted Juice	4oz		Hot Peaches	4oz		Assorted Juice	4oz		Fresh Fruit	1ea			
		Assorted Milk	4oz		Assorted Fruit	4oz		Assorted Juice	4oz		Assorted Juice	4oz			
		Assorted Milk	8oz		Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz			
		Lunch		K-8	9-12	Lunch		K-8	9-12	Lunch		K-8	9-12	Lunch	
		Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Wheat Pancakes	2ea	3ea	Roast Beef/Cheese on W. Roll w/L&T	1 ea	1 ea	Spaghetti and Meatballs	10oz	12oz		
		Cucumber Salad	6 oz	8oz	Scrambled Eggs	2oz	3oz	Baked Beans	6oz	8oz	Broccoli	6oz	8oz		
		Fresh Fruit	1ea	1ea	Tater Tots	15 tot	20 tot	Fresh Fruit	1ea	1ea	Black Beans	6oz	8oz		
		Assorted Juice	4oz	4oz	Fresh Fruit	1ea	1ea	Assorted Juice	4oz	4oz	Wheat Roll	1ea	1ea		
Assorted Milk	8oz	8oz	Assorted Juice	4oz	4oz	Assorted Milk	8oz	8oz	Fresh Fruit	4oz	4oz				
Monday		Tuesday			Wednesday			Thursday			Friday				
4/8		4/9 Breakfast			4/10 Breakfast			4/11 Breakfast			4/12 Breakfast				
Assorted Cereal	8oz			French Toast Sticks	3 sticks		English Muffin	1 muffin		Assorted Cereal	8oz				
Yogurt Cup	1ea			Syrup	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea				
Fresh Fruit	1ea			Hot Peaches	4oz		Assorted Juice	4oz		Fresh Fruit	1ea				
Assorted Juice	4oz			Assorted Fruit	4oz		Assorted Juice	4oz		Assorted Juice	4oz				
Assorted Milk	8oz			Assorted Juice	8oz		Assorted Milk	8oz		Assorted Milk	8oz				
Lunch		K-8	9-12	Lunch		K-8	9-12	Lunch		K-8	9-12	Lunch			
Turkey Meatball Sub	1 ea	1 ea	Entrée Garden Salad	1 ea	1 ea	Beef Stir-Fry	10oz	12oz	Italian Pasta Salad W/Chicken	1ea	1ea	Bean Burrito	1ea	1ea	
French Fries	6oz	8oz	Turkey Strips	1 ea	1 ea	Over Noodles	1ea	1ea	W S/T Roll	1ea	1ea	Tex-Mex Corn	6oz	8oz	
Fresh Fruit	1ea	1ea	Ranch	1ea	1ea	Fresh Fruit	1ea	1ea	Fruit Salad	4oz	4oz	Fresh Fruit	1ea	1ea	
Assorted Juice	4oz	4oz	Wheat S/T Roll	1ea	1ea	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	
Assorted Milk	8oz	8oz	Butter Packet	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	

Reimbursable Breakfast: Must take 3 Items, 1 item must be a fruit

Reimbursable Lunch: Must take 3 items, 1 item must be a fruit or vegetable

The following items are also available as ala-cart:

Breakfast: Assorted Whole Grain Cold Cereal

Lunch: Peanut Butter and Jelly Sandwich or Grilled Cheese

All Meals: Assorted Fat Free Milk and 100% Fruit Juices and Assorted Fresh Fruits

SES is an equal opportunity provider



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Monday			Tuesday			Wednesday			Thursday			Friday		
4/15 Breakfast			4/16 Breakfast			4/17 Breakfast			4/18 Breakfast			4/19 Breakfast		
K-12			K-12			K-12			K-12			K-12		
Assorted Cereal	8oz		Wheat Toast w/Jelly	1ea	2 slices	Breakfast Pizza	2 slices		Egg/Cheese Muffin	1		Assorted Cereal	8oz	
Yogurt Cup	1ea		Fruit Salad	4oz	1ea	Fresh Fruit	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Assorted Juice	4oz	4oz	Assorted Juice	4oz		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Milk	8oz	8oz	Assorted Milk	8oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz											Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
K-8		9-12	K-8		9-12	K-8		9-12	K-8		9-12	K-8		9-12
Fish Sticks	6 sticks	6 sticks	Chicken Salad on W. Roll	1 ea	1 ea	Grilled Chicken on W. Roll w/ L&T	1 ea	1 ea	Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Cheese Pita Pizza	1 ea	1 ea
Wheat Sun Chips	1ea	1ea	Three Bean Salad	6 oz	8oz	Steamed Carrots	6 oz	6 oz	Green Bean Salad	6 oz	8oz	Tater Tots	15tot	20tot
Baked Beans	6oz	8oz	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea	Fresh Fruit	1ea	1ea
Fruit Salsa	2oz	2oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz	Assorted Juice	4oz	4oz
Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz	Assorted Milk	8oz	8oz
Assorted Juice														
Monday			Tuesday			Wednesday			Thursday			Friday		
4/22 Breakfast			4/23 Breakfast			4/24 Breakfast			4/25 Breakfast			4/26 Breakfast		
K-12			K-12			K-12			K-12			K-12		
Assorted Cereal	8oz		Wheat Toast w/Jelly	1ea	2 slices	French Toast Sticks	3 sticks		Egg/Cheese Muffin	1		Assorted Cereal	8oz	
Yogurt Cup	1ea		Fruit Salad	4oz	1ea	Syrup	1ea		Fresh Fruit	1ea		Yogurt Cup	1ea	
Fresh Fruit	1ea		Assorted Juice	4oz	4oz	Hot Peaches	4oz		Assorted Juice	4oz		Fresh Fruit	1ea	
Assorted Juice	4oz		Assorted Milk	8oz	8oz	Assorted Fruit	4oz		Assorted Milk	8oz		Assorted Juice	4oz	
Assorted Milk	8oz					Assorted Juice	8oz					Assorted Milk	8oz	
Lunch			Lunch			Lunch			Lunch			Lunch		
K-8		9-12	K-8		9-12	K-8		9-12	K-8		9-12	K-8		9-12
Chicken Nuggets	6 ea	6 ea	Tuna Salad on Wheat W/ L&T	1 ea	1 ea	Wheat Pancakes	2ea	3ea	Roast Beef/Cheese on W. Roll w/L&T	1 ea	1 ea	Spaghetti and Meatballs	10oz	12oz
Ketchup	1pc	1pc	Cucumber Salad	6 oz	8oz	Syrup	1pc	1pc	Baked Beans	6oz	8oz	Broccoli	6oz	8oz
What S/T Roll	1ea	1ea	Fresh Fruit	1ea	1ea	Scrambled Eggs	2oz	3oz	Fresh Fruit	1ea	1ea	Black Beans	6oz	8oz
Steamed Carrots	6oz	6oz	Assorted Juice	4oz	4oz	Tater Tots	15 tot	20 tot	Assorted Juice	4oz	4oz	Wheat Roll	1ea	1ea
Fresh Fruit	1oz	1oz	Assorted Milk	8oz	8oz	Fresh Fruit	1ea	1ea	Assorted Milk	8oz	8oz	Fresh Fruit	4oz	4oz
Assorted Juice						Assorted Juice	4oz	4oz						

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