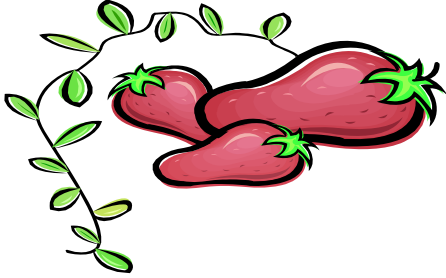


## A GREAT SUMMER SNACK!



### Strawberry Frozen Yogurt Squares

Freeze individually wrapped yogurt squares for kids to grab for a nutrient-rich snack. Try the recipe with different fruits and yogurt flavors, such as peach, blueberry, or banana!

- 1 cup crunchy wheat and barley cereal
- 3 cups fat-free strawberry yogurt
- 1 10-ounce bag frozen, unsweetened strawberries (about 2 1/2 cups)
- 1 cup fat-free, sweetened condensed milk

Optional: Whipped topping

Line an 8 x 8-inch baking pan with foil. Sprinkle cereal evenly on the bottom of the pan; set aside. Place yogurt, strawberries and condensed milk in a blender; cover and blend until smooth. Pour mixture over top of cereal, gently smoothing it to edges of pan. Cover with foil or plastic wrap.

Freeze for 8 hours or until firm. Use edges of foil to loosen and remove from pan; let recipe thaw for 5 to 10 minutes. Cut into squares, top with whipped topping, if desired and serve. Or cut into squares and individually wrap for easy-to-grab single servings.

## SES June 2010 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>Breakfast</b> Peanut Butter & Jelly Pocket Fruit Juice <b>Lunch</b> Sliced Turkey on Kaiser Roll Baked Potato Wedges Steamed Broccoli Fruit Cup	<b>2</b> <b>Breakfast</b> Fresh Fruit Muffin Yogurt Cup Fruit Juice <b>Lunch</b> Ham & Cheese Sandwich Celery Sticks Crispy Pickle Baked Cookies Fresh Fruit	<b>3</b> <b>Breakfast</b> Baked Waffles w/Syrup Fruit Juice <b>Lunch</b> Grilled Cheese on Wheat Tomato Soup Baked Soft Pretzel Fruit Cup	<b>4</b> <b>Breakfast</b> Assorted Fruit Danish Yogurt Cup <b>Lunch</b> Personal Pan Pizza Celery & Carrot Sticks Granola Bar Fresh Fruit
<b>7</b> <b>Breakfast</b> Egg & Cheese on English Muffin Fruit Juice <b>Lunch</b> Chicken Tenders Baked Fries Tossed Salad Fresh Fruit	<b>8</b> <b>Breakfast</b> Fruit Filled Danish Fruit Juice <b>Lunch</b> Hamburger w/Lettuce & Tomato Smiley Fries Pears	<b>9</b> <b>Breakfast</b> Sausage & Egg Biscuit Fruit Juice <b>Lunch</b> Grilled Beef Hot Dogs Baked Fries Fresh Baby Carrots Fresh Fruit	<b>10</b> <b>Breakfast</b> Enriched Fruit Muffin Yogurt Cup <b>Lunch</b> Turkey & Swiss on Croissant w/Lettuce & Tomato Baked Chips Fresh Fruit	<b>11</b> <b>Breakfast</b> Egg & Sausage on Croissant Fruit Juice <b>Lunch</b> Baked Fish Sandwich Baked Potato Wedges Celery Sticks Pudding Fresh Fruit
<b>14</b> <b>Breakfast</b> Egg & Cheese on Biscuit Fruit Juice <b>Lunch</b> Manager's Choice	<b>15</b> <b>Breakfast</b> Pancakes w/Syrup <b>Lunch</b> Manager's Choice	<b>16</b> <b>Breakfast</b> Manager's Choice <b>Lunch</b> Manager's Choice	<b>17</b> <b>Breakfast</b> Manager's Choice <b>Lunch</b> School Picnic for all Students and Staff	<b>18</b> <b>Breakfast</b> Manager's Choice <b>Lunch</b> Manager's Choice
<b>21</b> <b>Breakfast</b> Manager's Choice <b>Lunch</b> Manager's Choice	<h1 style="color: blue;">Enjoy your break!</h1> <h1 style="color: blue;">See you July 7<sup>th</sup>!</h1>			

Assorted cereals are a breakfast option each day. A variety of milks are served with breakfast and lunch each day.